

PROFESSIONAL INFORMATION

Relief Echinacea Drops



SCHEDULING STATUS: **S0**

PROPRIETARY NAME AND DOSAGE FORM:

Relief Echinacea Drops (drops).

COMPOSITION:

Each 0,15 mL (4 drops) contains:

<i>Echinacea purpurea</i> (L.) Moench (Purple coneflower)	22,5 mg
[herb, 10:1 extract providing 225 mg dried herb equivalent]	
Ascorbic acid (Vitamin C)	3,0 mg
Inactive ingredients: Glycerine (preservative) 48,7 % m/v and water.	
Sugar free.	

CATEGORY AND CLASS:

Category of medicine: D
D 33.7 Combination Product. Complementary Medicine: Discipline-Specific Traditional Claims

PHARMACOLOGICAL ACTION:

Pharmacodynamic properties:

Echinacea purpurea (L.) Moench (**Echinacea herb**): This herb is traditionally used in Herbal Medicine to help relieve the symptoms of the common cold and to prevent respiratory tract infections.

Vitamin C: An essential vitamin for the maintenance of good health.

Pharmacokinetic properties:

The active ingredients in this formulation are well known. Pharmacokinetic studies have not been conducted on **Relief Echinacea Drops**.

INDICATIONS:

Relief Echinacea Drops is a product used to relieve the symptoms of the common cold, to prevent respiratory tract infections and for the maintenance of good health.

CONTRAINDICATIONS:

Hypersensitivity to any of the ingredients.
Not recommended during pregnancy and/or lactation.
Not recommended for patients with hyperoxaluria.
Not recommended for patients with renal impairment.
Contraindicated in patients with a progressive systemic disease such as tuberculosis, collagenosis, multiple sclerosis, AIDS or HIV infection.
Contraindicated in patients with an autoimmune disorder.
Contraindicated in patients being treated with immunosuppressants.

WARNINGS and SPECIAL PRECAUTIONS:

Hypersensitivity reactions have been reported. This product may cause nausea, abdominal pain, diarrhoea, vomiting and skin rashes. Use with caution if you are allergic to the *Asteraceae/Compositae* plant family. Members of this family include ragweed, chrysanthemums, marigolds, daisies and many other herbs.

Effects on the ability to drive and use machinery:

It is unlikely that **Relief Echinacea Drops** would affect the ability to drive or operate machinery. Patients should not drive or operate machinery until it is established that their ability to perform such activities has not been affected.

INTERACTIONS:

Adverse effects have not become known with the simultaneous ingestion of **Relief Echinacea Drops** together with food and drink.

Echinacea should be administered with care to patients with atopy as these individuals may be more likely to experience hypersensitivity reactions. Furthermore, Echinacea stimulates immune function and should be administered with care to patients with autoimmune disorders, as it might aggravate autoimmune diseases by stimulating disease activity.

Inhibition of P450 1A2 (CYP1A2) enzymes has been reported, which would increase plasma concentrations of compounds or treatments metabolized by CYP1A2, such as caffeine, paracetamol, amitriptyline, clopidogrel, clozapine, diazepam, estradiol, olanzapine, ondansetron, propranolol, ropinirole, tacrine, theophylline, verapamil and warfarin. The combination of these compounds or treatments with **Relief Echinacea Drops** should be avoided, as it would enhance the effects of these treatments.

Echinacea affects the metabolism of cytochrome P450 3A4 (CYP3A4) substrates, such as midazolam, docetaxel, etravirine, lopinavir-ritonavir, darunavir-ritonavir, lovastatin, clarithromycin, cyclosporine, diltiazem, estrogens, indinavir, and triazolam. **Relief Echinacea Drops** might affect the effects and side effects of these drugs and should not be administered together.

Furthermore, Echinacea might affect the treatment of darunavir, docetaxel, etoposide, etravirine, lopinavir-ritonavir, immunosuppressant therapies such as azathioprine, basiliximab, cyclosporine, daclizumab, muromonab-CD3 (OKT3, Orthoclone OKT3), mycophenolate, tacrolimus, sirolimus, prednisone and other corticosteroids (glucocorticoids). It might also affect the treatment of midazolam. Patients taking these treatments should use **Relief Echinacea Drops** cautiously.

Vitamin C should be administered with care to patients with hyperoxaluria, and to patients with G6PD deficiency. This vitamin should not be administered with fluphenazine and warfarin, as it might render these treatments less effective. Vitamin C might increase serum ethinylestradiol concentrations in women taking oral contraceptives and in high doses, it might increase oestradiol concentrations. Vitamin C might also promote the adsorption of iron. In combination with desferrioxamine, vitamin C may promote iron excretion. However, in the presence of excess tissue iron, it might worsen iron toxicity and should not be administered for the first month of treatment with desferrioxamine. Furthermore, omeprazole might impair the bioavailability of vitamin C, making **Relief Echinacea Drops** less effective.

HUMAN REPRODUCTION:

Pregnancy and lactation:

Not recommended for use in pregnancy and lactation.
Consult a healthcare professional for further information.

DOSAGE AND DIRECTIONS FOR USE:

Dilute in a small amount of water. Take orally.

Prophylactic use (to assist in preventing upper respiratory tract infections):

Adults and children over 15 years: 26 drops (1,00 mL) twice a day
Children 10 to 15 years: 13 drops (0,50 mL) twice a day
Children 5 to 10 years: 7 drops (0,25 mL) twice a day
Children 2 to 5 years: 4 drops (0,15 mL) twice a day

Acute use (at the first sign of an upper respiratory tract infection):

Adults and children over 15 years: 26 drops (1,00 mL) 3 to 4 times a day
Children 10 to 15 years: 13 drops (0,50 mL) 3 to 4 times a day
Children 5 to 10 years: 7 drops (0,25 mL) 3 to 4 times a day
Children 2 to 5 years: 4 drops (0,15 mL) 3 to 4 times a day

SHAKE BOTTLE WELL BEFORE USE.

If the symptoms worsen or persist, please consult your healthcare practitioner.

SIDE EFFECTS:

Echinacea purpurea (L.) Moench (**Echinacea herb**):

Gastrointestinal disorders:

Frequent: Nausea, abdominal pain, diarrhoea and vomiting.

Musculoskeletal, connective tissue and bone disorders:

Frequent: Arthralgia and myalgia.

General disorders and administrative site conditions:

Frequent: Allergic reactions such as fever, heartburn, constipation, unpleasant taste, dry mouth, sore throat, tingling sensation and numbness of the tongue, mouth ulcers, headache, dizziness, insomnia, disorientation, urticaria, erythema nodosum, itchy or watery eyes, runny nose, chest tightness, dyspnoea, bronchospasm, acute asthma, facial and upper airway angioedema and anaphylaxis.

Children and atopic individuals may be more susceptible to hypersensitivity of Echinacea.

Vitamin C:

Gastrointestinal disorders:

Less frequent: Nausea, vomiting and diarrhoea.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

Large dosages of vitamin C might cause diarrhoea, gastrointestinal disturbances, hyperoxaluria and the formation of renal calcium oxalate calculi, induced vitamin C tolerance and haemolysis.

Treatment of overdosage is symptomatic and supportive.

IDENTIFICATION:

A dark brown liquid.

PRESENTATION:

50 mL amber glass bottle with a white PP cap with a dropper insert.

The bottle is sealed with a tamper-evident seal for your safety.

Do not use if the seal is broken.

STORAGE INSTRUCTIONS:

Store in a cool, dry place at or below 25 °C.

Keep the bottle tightly closed. Protect from light.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

Relief Echinacea Drops has not been evaluated by the SAHPRA for its quality, safety or intended use. **Relief Echinacea Drops** does not intend to prevent or cure any form of illness or disease, and should not replace any medication. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this product. Keep away from children. Do not exceed the recommended dose.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

RELEAF PHARMACEUTICALS (PTY) LTD

14 De Vreugde Crescent

Dal Josaphat

Paarl

7646

Tel: +27 (21)001 9748

Email: Info@releafpharmaceuticals.co.za

DATE OF PUBLICATION:

May 2022

RP0044/22A

PATIENT INFORMATION LEAFLET

This leaflet tells you about **Relief Echinacea Drops**.

D 33.7 Combination Product. Complementary Medicine: Discipline-Specific Traditional Claims.

SCHEDULING STATUS: **S0**

PROPRIETARY NAME AND DOSAGE FORM:

Relief Echinacea Drops (drops).

Read all of this leaflet carefully because it contains important information for you. **Relief Echinacea Drops** is available without a doctor's prescription. Nevertheless, you still need to use **Relief Echinacea Drops** carefully to get the best results from it.

Keep this leaflet. You may need to read it again.

Do not share **Relief Echinacea Drops** with any other person.

Ask your pharmacist if you need more information or advice.

You must see a doctor if your symptoms worsen or do not improve.

WHAT Relief Echinacea Drops CONTAINS:

Each 0,15 mL (4 drops) contains:

<i>Echinacea purpurea</i> (L.) Moench (Purple coneflower)	22,5 mg
[herb, 10:1 extract providing 225 mg dried herb equivalent]	
Ascorbic acid (Vitamin C)	3,0 mg

Inactive ingredients: Glycerine (preservative) 48,7 % m/v and water.

Sugar free.

WHAT Relief Echinacea Drops IS USED FOR:

Relief Echinacea Drops is a product used to relieve the symptoms of the common cold, to prevent respiratory tract infections and for the maintenance of good health.

BEFORE YOU TAKE Relief Echinacea Drops:

Do NOT take Relief Echinacea Drops:

• If you are allergic to any of the ingredients, specifically if you are allergic to the *Asteraceae/Compositae* plant family. Members of this family include ragweed, chrysanthemums, marigolds, daisies and many other herbs.

• If you are pregnant or breastfeeding your baby (see "Pregnancy and breastfeeding") (see "HOW TO TAKE Relief Echinacea Drops").

• If you are suffering from severe renal impairment.

Take special care with Relief Echinacea Drops:

This product might cause allergic reactions. Use **Relief Echinacea Drops** with caution if you have a genetic tendency to develop allergic diseases. Echinacea is also known to affect the immune system, therefore **Relief Echinacea Drops** must be used with caution if you have an autoimmune disorder or any other diseases that affect the immune system.

Relief Echinacea Drops does not intend to prevent or cure any form of illness or disease, and should not replace any medication. If you suffer from a chronic medical condition, your healthcare practitioner before using this product. Keep away from children. Do not exceed the recommended dose.

Please consult your doctor or pharmacist prior to use if you:

• have a genetic tendency to develop allergies.

• have a systemic disease such as tuberculosis, collagenosis, multiple sclerosis, AIDS or HIV infection.

• are suffering from an autoimmune disorder.

• are being treated with immunosuppressants.

• have had kidney stones or if you have a G6PD deficiency.

Taking Relief Echinacea Drops with food and drink:

There are no known side effects to taking **Relief Echinacea Drops** with food and drink.

Pregnancy and breastfeeding:

Do not use **Relief Echinacea Drops** during pregnancy or while you are breastfeeding your baby, as safety and efficacy have not been established.

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

Driving and using machinery:

It is unlikely that **Relief Echinacea Drops** would affect the ability to drive or operate machinery. Do not drive or operate machinery until you have established that your ability to perform such activities is not affected.

Taking other medicines with Relief Echinacea Drops:

Always tell your healthcare professional if you are taking other medicines on a regular basis, including complementary or traditional medicines. The use of **Relief Echinacea Drops** with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

Do not take **Relief Echinacea Drops** in combination with medicines such as:

• Caffeine, acetaminophen/paracetamol, amitriptyline, clopidogrel, clozapine, diazepam, estradiol, olanzapine, ondansetron, propranolol, ropinirole, tacrine, theophylline, verapamil and warfarin, as Relief Echinacea Drops would enhance the effects of these treatments.

• Midazolam, docetaxel, etravirine, lopinavir-ritonavir, darunavir-ritonavir, lovastatin, clarithromycin, cyclosporine, diltiazem, estrogens, indinavir and triazolam, as Relief Echinacea Drops might affect the effects and side effects of these treatments.

• Darunavir, docetaxel, etoposide, etravirine, lopinavir-ritonavir and immunosuppressant therapies such as azathioprine, basiliximab, cyclosporine, daclizumab, muromonab-CD3, mycophenolate, tacrolimus, sirolimus, prednisone, other corticosteroids and midazolam, as Relief Echinacea Drops might affect or interfere with these treatments.

• Fluphenazine as simultaneous treatment with Relief Echinacea Drops might render these treatments less effective.

• Oral contraceptives, as this might increase estrogen concentrations.

• Relief Echinacea Drops should not be administered during the first month of treatment with desferrioxamine.

• Omeprazole might prevent the absorption of vitamin C, which would make Relief Echinacea Drops less effective.

HOW TO TAKE Relief Echinacea Drops:

Dilute in a small amount of water. Take orally.

Prophylactic use (to assist in preventing upper respiratory tract infections):

Adults and children over 15 years: 26 drops (1,00 mL) twice a day

Children 10 to 15 years: 13 drops (0,50 mL) twice a day

Children 5 to 10 years: 7 drops (0,25 mL) twice a day

Children 2 to 5 years: 4 drops (0,15 mL) twice a day

Acute use (at the first sign of an upper respiratory tract infection):

Adults and children over 15 years: 26 drops (1,00 mL) 3 to 4 times a day

Children 10 to 15 years: 13 drops (0,50 mL) 3 to 4 times a day

Children 5 to 10 years: 7 drops (0,25 mL) 3 to 4 times a day

Children 2 to 5 years: 4 drops (0,15 mL) 3 to 4 times a day

SHAKE BOTTLE WELL BEFORE USE.

If the symptoms worsen or persist, please consult your healthcare practitioner.

If you take more Releaf Echinacea Drops than you should:

If you take more **Releaf Echinacea Drops** than you should, you may experience side effects, such as diarrhoea and gastrointestinal disturbances. Excessive excretion of oxalate may occur which could lead to the formation of kidney stones. An induced vitamin C tolerance might occur, as well as damage to red blood cells.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, immediately seek help at the nearest hospital or poison control center.

If you forget to take Releaf Echinacea Drops:

Always take **Releaf Echinacea Drops** as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule (see "HOW TO TAKE **Releaf Echinacea Drops**"). Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS:

Releaf Echinacea Drops can have side effects.

Not all side effects reported for **Releaf Echinacea Drops** are included in this leaflet. Should your general health worsen while taking **Releaf Echinacea Drops**, please consult your doctor, pharmacist or other healthcare professional for advice.

If any of the following happens, stop taking Releaf Echinacea Drops and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Gastrointestinal adverse effects such as nausea, abdominal pain, diarrhoea and vomiting (*frequent*).
- Other allergic reactions such as a fever, heartburn, constipation, unpleasant taste, dry mouth, sore throat, tingling sensation and numbness of the tongue, mouth ulcers, headache, dizziness, insomnia, disorientation, skin rash (hives), red lumps an inflammation on the skin, itchy or watery eyes, runny nose, chest tightness, shortness of breath, tightening of the airways and lungs, acute asthma, severe swelling of the facial and upper airway and an extreme and severe allergic reaction that may result in death (*frequent*).
- Joint or muscle pain (*frequent*).

Children and atopic individuals may be more susceptible to hypersensitivity of Echinacea.

Please report/ inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

STORAGE AND DISPOSING OF Releaf Echinacea Drops:

Store in a cool, dry place at or below 25 °C.

Keep the bottle tightly closed.

Protect from light.

STORE ALL MEDICINE OUT OF REACH OF CHILDREN.

Do not use after the expiry date stated on the label. Return all unused **Releaf Echinacea Drops** to your pharmacist.

Do not dispose of unused **Releaf Echinacea Drops** in drains or sewerage systems (e.g. toilets).

PRESENTATION OF Releaf Echinacea Drops:

Releaf Echinacea Drops is packed in an amber glass 50 mL bottle and a white PP cap with a dropper insert.

This bottle is sealed with a tamper-evident seal for your safety.

Do not use if the seal is broken.

IDENTIFICATION OF Releaf Echinacea Drops:

A dark brown liquid.

REGISTRATION NUMBER:

To be allocated.

Releaf Echinacea Drops has not been evaluated by the SAHPRA for its quality, safety or intended use.

NAME AND ADDRESS OF THE REGISTRATION HOLDER:

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PASIËNTINLIGTINGSBLAD

Inligting oor **Releaf Echinacea Drops**.

D 33.7 Kombinasieprodukt. Komplementêre Medisyne: Dissipline-Spesifieke Tradisionele Bewerings.

SKEDULERINGSSTATUS: **S0**

EIENDOMSNAAM EN DOSEERVORM:

Releaf Echinacea Drops (druppels).

Lees die hele inligtingsblad deeglik, want dit bevat belangrike inligting. **Releaf Echinacea Drops** is beskikbaar sonder 'n dokter se voorskrif. U moet egter steeds **Releaf Echinacea Drops** versigtig gebruik om die beste resultate daarmee te verkry.

Hou hierdie inligtingsblad. Dit kan nodig wees dat u dit weer lees.

Moenie **Releaf Echinacea Drops** met enige ander persoon deel nie.

Indien u verdere inligting of advies verlang, vra asseblief u apteker.

U moet 'n dokter raadpleeg indien u simptome vererger.

WAT Releaf Echinacea Drops BEVAT:

Elke 0,15 mL (4 druppelds) bevat:

Echinacea purpurea (L.) Moench (Pers kegelblom) 22,5 mg

[kruie, 10:1 ekstrak verskaf 225 mg droë plant ekwivalent]

Askorbiensuur (Vitamiën C) 3,0 mg

Die ander bestanddele is: Gliserien (preserveermiddel) 48,7 % m/v en water.

Suikervry.

WAARVOOR Releaf Echinacea Drops GEBRUIK WORD:

Releaf Echinacea Drops is 'n produk wat gebruik word om die simptome van verkoue te verlig, om lugweginfeksies te voorkom en vir die handhawing van goeie gesondheid.

VOORDAT U Releaf Echinacea Drops NEM:

Moet nie Releaf Echinacea Drops neem NIE:

- Indien u allergies is vir enige van die bestanddele, veral indien u allergies is vir die *Asteraceae/Compositae* plant familie. Lede van hierdie familie sluit in kruiskruid (springkaanbos), krisante, gousblomme, madeliefies en baie ander kruie.
- Indien u swanger is of u baba borsvoed (sien "Swangerskap en borsvoeding") (sien "HOE OM **Releaf Echinacea Drops** TE GEBRUIK").
- Indien u nierversaking onderlede het.

Neem spesiale sorg met Releaf Echinacea Drops:

Hierdie produk mag allergiese reaksies veroorsaak. Gebruik met sorg indien u 'n genetiese neiging het om allergieë te ontwikkel. Echinacea is ook bekend om die immuunsisteem te aftekeer en daarom moet hierdie produk met sorg gebruik word indien u 'n outoïmmuun afwyking, of enige ander siektes wat die immuunsisteem aftekeer, het.

Releaf Echinacea Drops beoog nie om enige ongesteldheid of siektetoestand te genees nie en moet nie enige medikasie vervang nie. Mense wat aan 'n chroniese mediese toestand ly moet hulle gesondheidspraktisyn raadpleeg voor hulle hierdie produk gebruik. Hou buite bereik van kinders. Moenie die voorgeskrewe dosis oorskry nie.

Raadpleeg asseblief u dokter of apteker voor gebruik indien u:

- 'n genetiese neiging het om allergieë te ontwikkel.
- 'n progressiewe sistemiese siekte soos tuberkulosis, kollagenose, meervoudige sklerose, VIGS of MIV infeksie het.
- 'n outoïmmuun afwyking/siekte het.
- behandel word met immuunonderdrukkers
- nierstene gehad het, of 'n G6PD afwyking het.

Die neem van Releaf Echinacea Drops saam met kos en drinkgoed:

Daar is geen bekende nuwe-effekte met die neem van **Releaf Echinacea Drops** met kos en drinkgoed nie.

Swangerskap en borsvoeding:

Moenie **Releaf Echinacea Drops** gebruik tydens swangerskap of gedurende borsvoeding nie, aangesien die veiligheid hiervan nie bepaal is nie.

Indien u swanger is of u baba borsvoed, raadpleeg asseblief u dokter, apteker of ander professionele gesondheidsorgwerker voor u hierdie medisyne neem.

Bestuur en die gebruik van masjinerie:

Dit is onwaarskynlik dat **Releaf Echinacea Drops** die vermoë om te bestuur of masjinerie te gebruik sal beïnvloed. Wees egter versigtig tot u seker is u vermoë om hierdie aktiwiteite uit te voer word nie beïnvloed nie.

Die neem van ander medisyne saam met Releaf Echinacea Drops:

Lig altyd u gesondheidspraktisyn in wanneer u medisyne op 'n gereelde basis neem, insluitend komplementêre of tradisionele medisyne. Die gebruik van **Releaf Echinacea Drops** saam met hierdie medisyne mag ongewenste wisselwerkings veroorsaak. Raadpleeg asseblief u dokter, apteker of ander professionele gesondheidsorgwerker.

Moenie **Releaf Echinacea Drops** in kombinasie met medisyne soos die volgende gebruik nie:

- Kaffieën, asetaminofen/parasetamol, amitriptilien, klopidogrel, klosapien, diasepam, estradiol, olansaprien, ondansetron, propranolol, ropinirool, takrien, teofilien, verapamil en warfarien, aangesien **Releaf Echinacea Drops** die effekte van hierdie behandelings kan verhoog.
- Midasolam, dosetaksel, etravirien, lopinavir-ritonavir, darunavir-ritonavir, lovastatin, klaritromisien, siklosporien, diltiazem, estrogene, indinavir en triasolam, aangesien **Releaf Echinacea Drops** die effekte en nuwe effekte van hierdie medisyne mag aftekeer.
- Darunavir, dosetaksel, etoposied, etravirien, lopinavir-ritonavir, immuunonderdrukkende behandelings soos asatioprien, basiliximab, siklosporien, dakliksimab, muromonab-CD3, mikofenolaat, takrolimus, sirolimus, prednison, ander kortikosteroïede en midasolam, aangesien **Releaf Echinacea Drops** met hierdie behandelings mag inmeng of dit mag aftekeer.
- Flufenasiën as gelyktydige behandeling met **Releaf Echinacea Drops** mag hierdie behandeling minder effektief maak.
- Orale kontrasepsie, aangesien dit estrogeen konsentrasies mag verhoog.
- **Releaf Echinacea Drops** moet nie gedurende die eerste maand van behandeling met desferrioksamien toegedien word nie.
- Omeprasool mag die absorpsie van vitamien C verhoed, wat **Releaf Echinacea Drops** minder effektief mag maak.

HOE OM Releaf Echinacea Drops TE NEM:

Verdin in 'n klein hoeveelheid water. Neem mondelings.

Profilaktiese gebruik (om te help met die voorkoming van boonste lugweginfeksies):

Volwassenes en kinders ouer as 15 jaar: 26 druppels (1,00 mL) twee maal per dag

Kinders 10 tot 15 jaar: 13 druppels (0,50 mL) twee maal per dag

Kinders 5 tot 10 jaar: 7 druppels (0,25 mL) twee maal per dag

Kinders 2 tot 5 jaar: 4 druppels (0,15 mL) twee maal per dag

Akute gebruik (met die eerste teken van 'n boonste lugweginfeksie):

Volwassenes en kinders ouer as 15 jaar: 26 druppels (1,00 mL) 3 tot 4 maal per dag

Kinders 10 tot 15 jaar: 13 druppels (0,50 mL) 3 tot 4 maal per dag

Kinders 5 tot 10 jaar: 7 druppels (0,25 mL) 3 tot 4 maal per dag

Kinders 2 tot 5 jaar: 4 druppels (0,15 mL) 3 tot 4 maal per dag

SKUD DIE BOTTEL GOED VOOR GEBRUIK.

Indien die simptome vererger of voortduur, raadpleeg asseblief u mediese praktisyn.

Indien u meer Releaf Echinacea Drops neem as wat u behoort:

Indien meer **Releaf Echinacea Drops** neem as wat u moes, mag u nuwe-effekte ondervind soos naarheid, braking, diaree en gastroïntestinale wanbalans. Oormatige uitskeiding van oksalaat mag voorkom en gevolglik lei tot die vorming van nierstene. 'n Geïnduseerde vitamien C toleransie mag voorkom, sowel as skade van rooibloedselle.

In die geval van oordosering, raadpleeg u dokter of apteker. Indien nie een van hulle beskikbaar is nie, soek dadelik hulp by die naaste hospitaal of gifbeheersentrum.

Indien u vergeet om Releaf Echinacea Drops te neem:

Neem **Releaf Echinacea Drops** altyd nie soos voorgeskryf. Indien u 'n dosis vergeet het, neem dit so gou as wat u onthou. Indien u egter nie van die vergeete dosis onthou voordat dit tyd is vir die volgende dosis is nie, slaan die vergeete dosis oor en keer terug na u gewone doseringskedule (sien "HOE OM **Releaf Echinacea Drops** TE GEBRUIK"). Moenie 'n dubbele dosis neem om te vergoed vir die oorgeslane individuele dosis nie.

MOONTLIKE NUWE-EFFEKTE:

Releaf Echinacea Drops kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir **Releaf Echinacea Drops** gemeld is, is in hierdie inligtingstuk vervat nie. Indien u algemene gesondheid agteruitgaan terwyl u **Releaf Echinacea Drops** gebruik, raadpleeg asseblief u dokter, apteker of ander professionele gesondheidsorgwerker.

Indien enige van die volgende gebeur moet u die gebruik van Releaf Echinacea Drops staak en u dokter dadelik in kennis stel of na die naaste ongevalle afdeling van die naaste hospitaal gaan:

- Gastroïntestinale nuwe-effekte soos naarheid, abdominale pyn, diaree en braking (*herhaaldelik*).
- Ander allergiese reaksies soos koors, sooi-brand, hardlywigheid, onaangename smaak, droë mond, seer keel, 'n prikkel gevoel en verdoering van die tong, mondsere, hoofpyn, duisligheid, slapeloosheid, disoriëntering, veluitslag, rooi knoppie en inflammasie van die vel, jeukerige en waterige oë, loopneuse, benoudheid van die bors, kortasem, vernouing van die lugweg en longe, asma, ernstige swelling van die gesig en boonste lugweg en 'n ernstige allergiese reaksie wat tot dood kan lei (*herhaaldelik*).
- Gewrig of spierpyn (*herhaaldelik*).

Kinders en atopiese individue mag meer vatbaar wees vir die hipersensitiwiteit van Echinacea.

Indien u enige nuwe-effekte opmerk wat nie in hierdie voulibjel genoem is nie, stel asseblief dadelik u dokter of apteker in kennis.

BERGING EN WEGDOENING VAN Releaf Echinacea Drops:

Bewaar in 'n koel, droë plek by of benede 25 °C.

Hou die bottel dig toe. Beskerm teen lig.

HOU ALLE MEDISYNE BUITE BEREIK VAN KINDERS.

Moenie gebruik na die vervaldatum op die etiket nie. Neem alle ongebruikte **Releaf Echinacea Drops** na u apteker terug.

Moenie ongebruikte **Releaf Echinacea Drops** in afvoertype of rioolsisteme, byvoorbeeld toilette weggooi nie.

AANBIEDING VAN Releaf Echinacea Drops:

Releaf Echinacea Drops is verpak in 'n amberkleurige 50 mL glas bottel met 'n wit PP doppie, wat 'n drupier bevat.

Vir u veiligheid is die bottel geseël met 'n peutervrye seël.

Moenie die produk gebruik indien die seël gebreek is nie.

IDENTIFIKASIE VAN Releaf Echinacea Drops:

'n Donkerbruin vloeistof.

REGISTRASIE-NUMMER:

Sal toegeken word.

Releaf Echinacea Drops is nie deur die SAHPRA geëvalueer vir gehalte, veiligheid of beoogde gebruik nie.

NAAM EN SAKEADRES VAN DIE HOUER VAN DIE REGISTRASIE:

RELEAF PHARMACEUTICALS (EDMS) BPK

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Mei 2022

RP0045/22A

Pro-Print



PRO-PRINT (PTY) LTD
THE PROFESSIONALS IN PRINT

REPRO

Date: 01 June 2022
Operator: Jacky Pistorius
Customer: Afriplex
Product Name: Releaf Echinacea Drops Leaflet
Product Code: PI RP0044/22A PIL RP0045/22A
Dimensions: 100 x 570 mm
Fold Size: 100 x 37 mm
Font Size: 6 point Times
Colours: (1) Black
--
Barcode: --
Pharmacode: (Ref. 28) 0010
Stock: 45 gsm Pro-Thin
Proof Status: 1st (First)

Proof read by:

Reset: Alterations: Disk/Possie:

No alterations – proceed as soon as possible

Note alterations – Further proof is required

PLEASE CHECK CAREFULLY.

Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.

Signature: *Mp/isaacs* Date: 01 June 2022

PROOF NOT READ – NO COPY SUPPLIED